

Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, January 17, 2014

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

1. CALL TO ORDER

Commissioner Creveling called the meeting to order at 9:30 am.

2. ROLL CALL

Present: Commissioners Churchill, Creveling, Hobbs, Helton, Mirchandani, Rhodes-Jones, Thomas, Vaidya and Walsh

Absent: Commissioners Ashok and Kimberlin

Excused: Commissioners Berndt and Chugh

3. SALUTE TO THE FLAG

The salute to the flag was led by Commissioner Rhodes-Jones.

4. APPROVAL OF MINUTES of the Regular Meeting of November 15, 2013

- Commissioner Jaya moved that the minutes from the November 15, 2013 meeting be accepted as presented, with the one change noted (below). Commissioner Hobbs seconded the motion.
- Commissioner Walsh abstained since she was not present at the November 2013 meeting.

M/S/P with change on attendance. Commissioner Vaidya was present, not absent.

5. ORAL COMMUNICATIONS

None

6. WRITTEN COMMUNICATIONS

- Senior Citizens Commission Appointments
- Senior Citizens Commission Roster (Confidential)
- Fremont Municipal Code Section 2.20.030 Regulations for subject bodies

7. OLD BUSINESS

7.1 City of Fremont Social Service Grant Site Visits – Leticia Leyva, Human Services Management Analyst

- Leticia reviewed the background on the agencies that are being visited and the process of the visitation.
- Leticia requested that each commissioner sign-up for two agencies.
- Leticia reminded the Commissioners that there is a Grant Manager (a staff member) that will go on each visit. This person is responsible for asking questions and filling out the paperwork. The Grant Manager will contact the Commissioners to set up a time to do each visitation.
- A sign-up sheet was passed around. Leticia will contact the Commissioners that are absent to sign them up for their choices on visitations.

Handout: Timeline, Mid-Year Agency Evaluation

8. NEW BUSINESS

8.1 Introduction of New Commissioner, Bob Creveling, SCC Chair

- Commissioner Walsh introduced herself and shared that she is very happy to join the Senior Commission and is honored that the Mayor and the City Council appointed her.
- Shared some of her professional background.
- All of the Commissioners introduced themselves and gave a little background on themselves and why they are serving on the SCC.
- Staff introduced themselves and shared their background.

8.2 Senior Commission Elections – Bob Creveling, SCC Chair

- Commissioner Thomas made a motion that due to four commissioners being absent that the election be delayed until the March 2014 meeting. Commissioner Vaidya seconded the motion.

M/S/P

8.3 Approval of Commission Meeting Calendar from January 2014 through December 2014

- Commissioner Helton made a motion that the January 2014 – December 2014 calendar be accepted as presented with the date on December being changed from December 2013 to December 2014. Commissioner Thomas seconded the motion.

8.1 Crab Feed – Bob Creveling, SCC Chair

- Commissioner Creveling passed an envelope around for the Commissioners to donate to the raffle basket for the Crab Feed.
- Commissioner Churchill volunteered to make the basket.

9. COMMISSION REPORTS

9.1 Health Issues/Senior Safety Commissioner Helton

- Commissioner Helton brought up the question – “Will there be an influx of people going to the doctor because the new health care plan is now in effect?” She shared information about a program in Portland, OR in 2008. Discussion was held after she shared this information.
- Commissioner Helton also shared how gays and lesbians find it a challenge to find assisted living/nursing homes that will accept them, and if they are accepted that bullying is taking place by the residents and/or staff. This is causing this group to go back into the closet.
- Commissioner Creveling reminded the Commission that it is their job to get information they receive at the meetings (such as that above) out to the community. How are they going to do this?

9.2 Senior Legislation - Commissioner Thomas

- Commissioner Thomas shared that NHTSA (National Highway Traffic &

- Safety Administration) have a 5 year safety plan for older drivers. Over the last 20 years, fatalities have increased 20% and most of those are seniors. He encouraged people to take the AARP Safe Driving Classes.
- Commissioner Thomas also shared that all the bills that go to congress to be passed and have to do with seniors are all approved by the Senior Coalition prior to going before Congress.
 - Commissioner Thomas shared that he is passionate about finding a way to share what the Commission learns about at our meetings.
 - Commissioner Creveling asked that Commissioner Thomas would chair an adhoc committee that would work with Linda/Lynn to help the Senior Center come up with ideas on how to get information out to the seniors at the Center.
 - Lynn was asked to research what she can post on the Senior Center Facebook page.

10. COMMISSION REFERRALS

None

11. STAFF REPORTS

11.2 Senior Center Manager Report -- Linda Olla, Senior Center Manager

- Building Rennovations – Linda shared about the upcoming building renovations that will be happening at the Senior Center.
- New generator
- Bathrooms - Linda shared that it has been 33 years since anything has been done with the bathrooms. She then reviewed what is going to be done and that the bathroom construction will start end of February, first part of March and will be completed by the summer.
- **Crab Feed Volunteer Sign-ups** – Linda/Lynn explained what areas we need volunteers. A sign-up sheet was then passed around.
- **Reviewed new classes that just started or will be starting.** Linda shared about the new classes that have just started or will be starting in the near future. There is still room in the classes, but people should not wait to sign-up.

12.COMMISSION COMMENTS

Commissioner Helton brought up the issue of isolation that many seniors are deal with on a regular basis. She reminded the Commissioners that Fremont has many different programs to help seniors avoid this. Meals on Wheels, VIP Rides, Friendly Visitors, Senior Peer Counseling,

If you know of any seniors that need some social contact, referring them to one or more of these programs would be a start for helping them.

Commissioner Hobbs asked how the Holiday Boutique did overall. She was here on Friday and shared that she was somewhat disappointed.

Commissioner Vaidya announced that she has a presentation in June and needs a staff person. Linda asked her to remind her when the date is closer and she or another staff person will be available to go with her.

Adjournment

There being no further business the meeting was adjourned at 11:00 am.